BYE-BYE MISS AMERICAN PIE

Tara Reid looks 'totally anorexic'
– FRIENDS FEAR

ACTRESS Tara Reid is boozing like a sailor, eating next to nothing – and looking like a frightening scarecrow, friends say.

"Tara is starting to have that classic anorexic-like appearance – thinning hair, brittle nails and sallow skin," a source close to the star of the hit American Pie movies tells GLOBE.

"She can look OK on-screen, but she has to spend three hours in makeup to do it. In person, she looks sickly and malnourished – totally wasted away."

Guests at socialite Paris Hilton's March 1 birthday bash in Hollywood were shocked when they saw Reid. "I barely recognized her," says one eyewitness. "She looked like a skeleton, all skin and bone. She looked anorexic."

Friends began to worry about the stick-thin star last summer, when she was reeling from her breakup with fiance and MTV hunk Carson Daly and her weight plunged to the 100-pound mark. And they say the 5-foot-5 blonde continues to melt away.

"Tara doesn't seem to eat anymore," a friend of the once-shapely 26-year-old tells GLOBE. "But I've seen her drinking like a fish and looking like a stick."

Friends fear Reid is so malnourished that it could cost her her sexy smile.

"In the middle of shooting a scene, one of Tara's front teeth came loose while she was talking," reveals a source. "She just laughed and took off for the dentist. It was the strangest thing."

Reid started in showbiz at age 6, and shot to fame after the teen flick American Pie hit the screen in 1999.

"When I first met her a couple of years ago, I thought she was the prettiest thing," another pal tells GLOBE. "Now, her arms and legs are like toothpicks and she's always yanking on her pants to keep them from falling down.

"She fills up on beer, Bloody Marys, anything it seems but food. It's so sad. Unless she faces the fact that she's risking anorexia and alcoholism, she seems headed for big trouble."

Reid's publicist, Daniele Cardelia, denies the actress is anorexic, insisting, "Tara is not skinny, her health is not suffering and she eats regularly."

– ROBIN MIZRAHI

Tara has to keep yanking on her pants to keep them from falling down, says a pal