

Lindsay in L.A. on
April 17

Lindsay 'KILLING HERSELF' with drugs & alcohol

Troubled star parties on booze, coke and Ecstasy, then takes downers to sleep - Says insider

od's hottest men, including Law, Joaquin, Jared Leto, Del Toro and Franco. While, experts in a way Lindsay's is lethal. These reports of use are true, she is killing her- the amount of and alcohol she's ing," said Dr. James Smith, an expert and medical director at prestigious Schick Shadel, a Seattle-based recovery center that is No. 1 in the nation for fully treating drug and alcohol. Smith, who has not treated Lindsay, added: "The cocaine alone makes her 26 times more at risk of a heart attack than other young women. Alcohol and Ecstasy also attack the



These video stills allegedly reveal Lindsay snorting cocaine with another woman at Teddy's nightclub on March 8 in Hollywood

cardiovascular system and increase the risk of heart attack. Sedatives, especially Oxycontin, have been associated with death due to overdose."

Dean Bowman, a licensed addiction counselor at the Sikora Center in Camden, N.J., warns that Lindsay could be in a dangerous downward spiral.

"The problem with drug addiction is that the body becomes accustomed to a certain drug level and needs more to create the desired effect," explained Bowman, who has not treated the actress.

"And the more drugs one takes, the less the drug abuser's body is able to regulate itself. The brain's frontal lobe becomes affected, and the user lives in an irrational, altered state, totally out of control.

"Without detox and abstinence, the only result of this scenario is death."

by ROBIN MIZRAHI and PATRICIA SHIPP