

out and eating sensibly to lose a few pounds, it seems like she decided to practically stop eating.

"She's 5'5" and gone from 130 pounds to 108 in about five months time.

"Now she's turning into skin and bones – and she looks terrible. Her skin looks pock-marked and hanging loose. I really worry about her, it's as if she doesn't know when enough is enough."

Lindsay admitted in an interview that even her doctor was worrying about her weight loss. "He was like, 'Are you anorexic? Are you making yourself throw up? Are drugs involved?'

"But people lose weight when they grow up. They lose their baby fat. Compared to a lot of actresses my age, I'm actually overweight."

The medically recommended weight for someone of Lindsay's height and weight is bet 114 and 150 lbs. Her frame is age, which makes her about pounds underweight.

"I think Lindsay's a mess," s source. "Her dieting seems to spiraled out of control."

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