

# LIFE IN HELL

talks to him and his father's spirit sleeps with him at night and molests him.

"Erik has pictures in his cell of him and his mother together. However, it's the family pictures that are most disturbing — the father is cut out, burnt out or scribbled over in all the photos.

"Erik also keeps one marked-up photo of his father on the wall behind his toilet. It features a bull's-eye drawn between the man's eyes. Erik constantly spits on the photo and shoots paper clips at it with a rubber band."

After the knife incident, prison officials kept Erik on suicide watch, the inmate revealed.

"But after they gave him daily psychotherapy counseling, they decided he wasn't really crazy and sent him back to his cell.

"Then Erik started saving his medication, and one day took a month's worth. But he got so sick he threw it all up. He got what he wanted, though — he was moved back to the medical ward.

"A few weeks later he was sent back to his

cell — and this time, he got hold of a pointed steel pick and started to chip away around his cell window. During a surprise inspection he was caught. Erik totally freaked out and was sent to the mental ward.

"The hospital is Erik's break from the beatings and the possibility of rape. And his one moment of pleasure is when his wife visits him."

In 1999, Erik married Tammi Saccoman, a widow and mother who fell for him during the televised coverage of his trial and began corresponding with him by mail.

She lives in nearby Folsom. But she and Erik have never been allowed to consummate their marriage.

"That's Erik's life — fights, threats of forced sex, psych wards and seeing his wife through bars," the inmate added.

"And Erik's a young guy. He has many, many years of this ahead of him!"

— ROBIN MIZRAHI



**ERIK'S WIFE**  
Tammi Saccoman



*In prison, murdering your mother is considered as bad as being a child killer'*

**THEY DID THE CRIME:** Erik (right) and brother Lyle shotgunned their parents' death in Beverly Hills in 1989.