She's in a loving relationship with Portia de Rossi but Ellen still can't



SETTLED: Ellen with new love Portia

By ROBIN MIZRAHI

unny lady Ellen De-Generes has broken her 30-year silence about the sexual abuse she suffered as a teenager. "I had a situation with my stepdad when he molested me," the talk show host revealed.

Ellen's ordeal occurred when she was 17 and living in Texas with her mother Betty and her mother's third husband, salesman Roy H. Grussendorf. The abuse took place right after her mother underwent a mastectomy due to breast cancer.

In a recent interview Ellen, 47, recalled how she kicked out a window to escape her tormentor's clutches.

Said Ellen: "My mother's husband

said he felt a lump in her other breast. But he didn't want
to alarm her so he needed to
feel mine so he could compare. He made me lie down
and I let him feel my breasts. A
few weeks later, he tried to do
it again, and I kept saying, 'No!
You can't keep doing this!'

"One night he tried to break down the door to my bedroom... I had to kick a window out and escape. I felt like an idiot because I should have known better."

Ellen said she came forward because she feels it's important for teenage girls to learn that there are different ways to say "no" to their abusers. Ellen also feels that her cautionary tale supports her optimistic outlook on life.

"Someone once told me that a broken heart leaves cracks so that the light can come in. I feel like it did that for me," said Ellen.

Grussendorf - whom Ellen pointedly refers to as her mother's husEllen reveals hidden agony over how her stepdad molested her



band instead of calling him her step-

father - is dead now. But Ellen is still

affected by what he did to her,

enough to bring tears to her eyes

Ellen said: "I was trying to protect

"She had just gotten married, had

breast cancer, and to tell her horrible

things her husband was doing to me

when she talks about it.

my mom instead of myself.

- I thought it would devastate her.

"But when you're a teen, there are always different circumstances and it's important for teenage girls to hear that there are different ways to say no. And if it ever happens to them, they should tell someone right away."

A friend noted that Ellen has flourished since her troubled childhood. Said the friend: "Si terms with being gay, a love she hopes will last being abused by a man w to your mother isn't so just put away and forget

"Ellen is a very kind, lo Just look at her romanti see that she's always l long-term relationship."